

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00
MON	ADULTS ONLY						AQUA CLASS 9.25-10.15 (Full Pool)		SWIMMING LESSONS						OPEN SWIMMING															
TUE	ADULTS ONLY					AQUA CLASS 09.00-09.45 (Full Pool)		SWIMMING LESSONS						OPEN SWIMMING										AQUA CLASS 18.40-19.30 (Full Pool)		ADULTS ONLY				
WED	ADULTS ONLY					AQUA CLASS 09.00-09.45 (Full Pool)		SWIMMING LESSONS						OPEN SWIMMING										BEGINNER SWIMMING LESSONS	ADULTS ONLY					
THU	ADULTS ONLY		AQUA CLASS 08.00-08.45 (Full Pool)		ADULTS ONLY	SWIMMING LESSONS						OPEN SWIMMING										AQUA CLASS 18.40-19.30 (Full Pool)		ADULTS ONLY						
FRI	ADULTS ONLY						AQUA CLASS 9.30-10.15 (Full Pool)		SWIMMING LESSONS						OPEN SWIMMING										POOL CLOSED					
SAT	POOL CLOSED		ADULTS ONLY			SWIMMING LESSONS						OPEN SWIMMING				POOL CLOSED														
SUN	POOL CLOSED		ADULTS ONLY			OPEN SWIMMING										POOL CLOSED														

POOL TIMETABLE

reflexionsaylesbury.co.uk   

When there is a rope lane in the pool Monday – Friday, the swim lane is reserved for adults only swimming. However, children may swim in the lane on a weekend.

Swim at your own risk. Reflexions Health & Leisure do not provide lifeguards at any time.

