	06:30	08:30	00:60	09:30	11:00 11:30 12:00	— 12:30 — — 13:00	— 13:30 —	14:00	——————————————————————————————————————	— 15:30	— — 16:00	— 16:30	17:00	— 17:30 —	18:00	— 18:30 —	19:00	— 19:30 —	7 20:00	— 20:30 — 21:00	
NOM	ADUL	TS ONLY		OPEN SWIMMING																	
TUE	ADULTS ONLY			OPEN SWIMMING													A	ADULTS ONLY			
WED	ADULTS ONLY			OPEN SWIMMING														A	ADULTS ONLY		
THO	ADULTS ONLY OPEN SWIMMING ADULTS ONLY					OPEN SWIMMING													ADULTS ONLY		
FR	ADULTS ONLY					OPEN SWIMMING													POOL CLOSED		
SAT	POOL CLOSED ADULTS ONLY			OPEN SWIMMING						POOL CLOSED											
SUN	POOL CLOSED ADULTS ONLY				OPEN SWIMMING						POOL CLOSED										

POOL TIMETABLE

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When there is a rope lane in the pool Monday - Friday, the swim lane is reserved for adults only swimming. However, children may swim in the lane on a weekend.

Swim at your own risk. Reflexions Health & Leisure do not provide lifeguards at any time.

