

	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00						
MON	ADULTS ONLY				AQUA CLASS 9.25-10.15 (Full Pool)			OPEN SWIMMING										SWIMEZE 15.45-17.45 (Full Pool)			OPEN SWIMMING															
TUE	ADULTS ONLY			AQUA CLASS 09.00- 09.45 (Full Pool)			SWIMKIDZ 10.00-11.30 (Full Pool)	OPEN SWIMMING										SWIMKIDZ 16.15-18.15 (Full Pool)			OPEN SWIMMING	AQUA CLASS 18.40 - 19.30 (Full Pool)	ADULTS ONLY													
WED	ADULTS ONLY			AQUA CLASS 09.00-09.45 (Full Pool)			PUDDLEDUCKS 10.00-11.30 (Full Pool)	OPEN SWIMMING										SWIMKIDZ 15.45-17.45 (Full Pool)			OPEN SWIMMING	Ladies Only Private Lessons	ADULTS ONLY													
THU	ADULTS ONLY	AQUA CLASS 08.00- 08.45 (Full Pool)	ADULTS ONLY			OPEN SWIMMING										PUDDLEDUCKS 15.45-18.15 Full pool		OPEN SWIMMING	AQUA CLASS 18.40-19.30 (Full Pool)	ADULTS ONLY																
FRI	ADULTS ONLY			AQUA CLASS 9.20- 10.05 (Full Pool)	ADULTS ONLY	PUDDLEDUCKS 10.45-12.45 (Full Pool)		OPEN SWIMMING										PUDDLEDUCKS 15.30-18.00 (Full Pool)			OPEN SWIMMING		POOL CLOSED													
SAT	POOL CLOSED	ADULTS ONLY		PUDDLEDUCKS 09.30-12.30 (Full Pool)				OPEN SWIMMING										POOL CLOSED																		
SUN	POOL CLOSED	ADULTS ONLY		SWIMKIDZ 10.00-13.30 (Full Pool)				OPEN SWIMMING										POOL CLOSED																		

# POOL TIMETABLE

[reflexionsaylesbury.co.uk](http://reflexionsaylesbury.co.uk)   

When there is a rope lane in the pool Monday - Friday, the swim lane is reserved for adults only swimming. However, children may swim in the lane on a weekend.

Swim at your own risk. Reflexions Health & Leisure do not provide lifeguards at any time.

